

Curriculum Intent – KS4 Physical Education

Intent

In KS4 we aim to involve pupils in a range of activities that develop personal fitness and promote an active healthy lifestyle.

All students follow the Princes Trust 'ACHIEVE' programme. The programme is made up through delivering a range of units and modules which contribute towards a recognised Prince's Trust qualification and the personal, social and health education of students.

Implementation

PE is delivered by Mrs Hallam to all KS4 groups with Mrs Hardy (TA).

The Prince's Trust programme fits well within the double lesson allotted for PE. (1 x 1.5 hrs plus 1 x 45min Theory) and alongside pupil work experience placements.

Work is differentiated appropriately with students being entered onto either Entry Level, Level 1 or Level 2. Less able pupils will have extra support where necessary.

Pupils may also have the opportunity to take part in the Duke of Edinburgh or John Muir Schemes.

Impact

Pupils experience active participation in physical exercise. Students will be able to develop their physical abilities as well as understand the benefits of participation.

Pupils develop team working skills, by understanding the values, role, and procedures of teams and are able to work with others towards achieving shared objectives.

Pupils will look for ways to incorporate exercise into their lifestyle.

Pupils develop their skills in and understanding of the workplace by preparing for, attending and reviewing a work experience placement. It is also an opportunity for learners to obtain a work reference which they may find useful in the future.