



TheRoseSchool
LANCASHIRE

The Rose School
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Head Teacher: Mrs C Crowley
Our Ref: CCr/CC
Date: 19/04/2021

Dear Parent/Guardian,

In school we teach Relationship and Sex Education (RSE) in Personal, Social and Health Education lessons (PSHE). Each Pupil has at least 45 minutes each week.

The purpose of PSHE in schools is to help children recognise and build healthy relationships and identify risks and dangers in the wider world.

We would like to consult you on the content of our curriculum and whether you feel happy with what we are already teaching and whether there's anything we have missed and you feel would be important to include?

The full content of PSHE for KS3 and KS4 is on our website, along with our policy statement.

Follow this link and to have a closer look:

<https://www.theroseschoolburnley.co.uk/pshe/>

Policy statement:

<https://www.theroseschoolburnley.co.uk/wp-content/uploads/2021/02/The-Rose-School-RSE-Policy-2020-21.pdf>

The specific Relationship and Sex Education Units are as follows:

KS3 (Years 7 - 9)

Healthy Minds and Relationships

Depression focus, anger management, resilience, love and relationships - family, friends, legal marriages.

Bullying/ staying safe (and online safety)

Conflict resolution and is running away the answer?

Managing Conflict at home and outside

Peer pressure

Assertiveness and risk

Gangs

Dangers of running away



How am I changing?

Personal hygiene, puberty, periods, hormones.

Sexual feelings

Consent / unwanted contact

Female Genital Mutilation (FGM)

Self checking and cancer prevention, screening

Safe sex

Contraception, STIs, consent, pornography, sexting.

Teenage pregnancy

Online grooming

LGBT+ and tackling homophobia, transphobia and sexism, what we should know

KS4

Relationship and sex education.

Types of relationships,

Breakups

Arranged marriages

Parenting and parenting skills

Domestic abuse

Consent,

Good sex

Contraception

STIs

LGBT+

Please could you now take this very short survey?

Click on the link below:

<https://www.surveymonkey.com/r/FL5BWJD>

This link will also be sent out in a text, so you can just click on it.

Thank you so much for your feedback!

Amanda Moran

