



Hello

My name is Harry and I'm Santa's chief h'Elf advisor. Santa sent me to watch over you all, and make sure you are being healthy and looking after yourselves over winter.

Just like my cousin Elf on a Shelf, I will send word back to Santa for his list. Unlike my naughty cousin, I will only do nice healthy things, like eating fruit and doing good things that will keep me safe and well.

To help spread my healthy messages, I have made a special advent calendar for all of the children which can be found [here](#). Over the 24 days of Christmas, I will share a special message, each and every day.

Please take some nice pictures of me and share them on your social media using the #HarryTheHealthElf and make sure to tag my local NHS friends @HealthierLSC - to help remind the other children that I'm watching, and to let their adults know what I have been up to!

Thank you for being my home for the next month. I hope you are all being good, trying to stay healthy, and learn a lot from me.